

# COQOON

SINK INTO INDULGENT BLISS.  
ENJOY A PAMPERING EXPERIENCE IN DESIGNER AMBIENCE.  
REVEL IN LUXURIOUS SOLITUDE.

Enjoy soothing spa treatments so INDULGENT you won't want them to end.

Escape into an extraordinary setting and spoil yourself with a REJUVENATING treatment at Coqoon Spa.

Delight in a deep-tissue massage as the balmy breeze caresses your skin and birds serenade you from above.

Nothing compares to the SENSUOUS serenity of being pampered in an enchanted garden.

## COQOON JOURNEY

Coqoon Spa Journey treatments are available in The Nest, subject to availability.

### **Nest Rebirth** (Scrub, Massage)

120 mins Single THB 6,000 / Couple THB 11,000

Ease into your soulful journey at The Nest, the pièce de résistance of Coqoon Spa. This luxurious spa suite is suspended in the purity of nature, blissfully hidden away. Reborn as a butterfly. Experience a gentle revitalising scrub followed by a holistic signature treatment – Coqoon Rebirth massage. Emerging in a new light.

### **Revitalise** (Scrub, Herbal bath, Massage)

120 mins Single THB 6,000 / Couple THB 11,000

Embark on a journey of deep relief with this time-honoured healing ritual. Infused with the mystical energies of tiliacora triandra, pandan, tamarind, and poi orange leaves, along with a blend of aromatic spices, this treatment warms weary muscles, boosts circulation, and eases joint pain. Surrender to the tranquil embrace of a restorative herbal bath, preparing your spirit for a rejuvenating massage that awakens an inner sanctuary of vibrant energy.

### **Soul Connect for Couple** (Massage, Facial, Heart Chakra Energy Healing)

150 mins THB 12,000 per couple

Kindling romance, ideal for celebrating your honeymoon or anniversary.

Together, indulge in a body treatment that harmonises and rejuvenates, followed by facial treatments and heart chakra healing, designed to cleanse and open your heart chakra, essential for deepening the bonds with your beloved. When free from all contaminants, this vital energy centre flourishes, enhancing your capacity to love both yourself and others. Without this openness, the heart chakra may become blocked, diminishing your ability to cherish and sustain love.

### **Thai Life Package** (Stream, Scrub, Wrap, Massage)

180 mins THB 6,500

Delve into the mystical healing rituals of Thailand. Begin with an aromatic herbal steam that gently eases you into a tranquil journey, using locally sourced products crafted especially for your blissful relaxation. Choose from a curated range of body scrubs and wraps or allow our expert therapists to guide your selection.

Conclude your experience with a comprehensive fusion Thai massage, blending techniques that soothe both body and spirit.

All prices are subject to 10% service charge and 7% government taxes

## RENEWED

### **Abhyanga Massage**

60 mins THB 2,600 / 90 mins THB 2,900

De-stress your body from the scalp to the soles with warm oil. This ancient technique profoundly nourishes the body, mind, and spirit, enhancing the skin's vitality and boosting the immune system. The specially formulated oils used in Abhyanga, enriched with healing herbs and a blend of castor oil mixed with ashwagandha oil, not only slow the ageing process of the skin but also improve flexibility and promote lymphatic drainage. This sacred practice offers a rejuvenating retreat, restoring inner peace and physical wellness.

### **Blissfull Mamar Point Massage** (Massage, Facial)

90 mins THB 3,500

Experience profound and instantaneous relaxation that alleviates all stress-related tension. This therapy employs long, firm, flowing movements alongside therapeutic techniques at various pressure levels, complemented by Marma therapy to enhance overall well-being. The 90-minute session includes our signature subtle energies facial Marma massage, infused with potent aromatic actives. This treatment is specifically designed to balance emotions, release stress, and reduce anxiety, promoting a deep sense of spiritual renewal and inner peace.

### **CBD Oil Massage**

60 mins THB 2,600 / 90 mins THB 2,900

Uncover the deep relaxation and pain relief provided by our CBD (cannabidiol) hemp oil massage. This specialised treatment activates your skin's sensory profile, easing muscles and alleviating tension, pain, injuries, and chronic ailments. It also hydrates and rejuvenates the skin. Each session introduces 150mg of CBD, offering significant anti-inflammatory advantages. Surrender to the therapeutic power of nature's remedy as you unwind during this transformative massage.

## **RECHARGE**

### **Thai Folk Massage**

60 mins THB 2,200 / 90 mins THB 2,600 / 120 mins THB 2,900

A timeless tradition steeped in grace, passed down through generations. Allow our therapist to guide you through a sacred sequence of passive stretching and manipulation of chi points, designed to revitalise your spirit and awaken your senses. This profound experience promises to refresh your entire being, reconnecting you with the ancient wisdom of Thai massage.

### **Jet Lag Recovery Massage**

60 mins THB 2,600 / 90 mins THB 2,900

The Jet Lag Massage is a specialised therapeutic technique crafted to counteract the symptoms of jet lag and soothe both body and mind after a long-haul flight. This restorative treatment merges a back and foot massage to diminish fatigue and alleviate tension in the muscles of the neck, shoulders, and back. It also offers relief for swollen feet, restoring balance and tranquillity, and helps you realign with your natural rhythms.

### **Amino Acid IV Drip**

45 mins THB 4,500

Elevate your well-being with our Amino Acid IV Drip, tailored to enhance athletic performance by boosting circulation and energy production. This therapeutic session enriches your sleep quality, mood, and concentration, nurturing both body and spirit. The treatment comprises 200cc of normal saline and a carefully selected blend of seventeen various amino acids, each harmonising to revitalise your physical and mental health. Embrace this holistic approach to rejuvenation and experience profound balance and renewal.

## **REST**

### **Shirodhara Massage**

60 mins THB 2,600

Experience the divine tranquility of our Shirodhara massage, where warm medicated oil is gently poured over the 'third eye' chakra. This heavenly treatment, derived from the Sanskrit words "shiro" (head) and "dhara" (flow), is traditionally used to soothe the nervous system. It is highly recommended for reducing insomnia, stress, and fatigue. The Shirodhara massage is the perfect complement to an Ayurvedic massage, offering a holistic approach to achieving profound peace and serenity.

### **Scalp Ritual**

60 mins THB 2,600

Discover the ultimate solution for a healthier, cleaner, and more nourished scalp with our Scalp Ritual. This advanced treatment removes dead skin cells, unclogs pores, and eliminates impurities, providing deep conditioning and nourishment for improved hair manageability. Allow our therapist to cleanse and revitalise your scalp, elevating your relaxation to unparalleled levels.

### **Meditation and Sound Therapy**

60 mins THB 4,500

Embrace the ancient practice of sound healing, a powerful wellness therapy for healing, relaxation, and self-care. Sound vibrations profoundly influence your mind and body, affecting you on a cellular level. These vibrations impact brain, nerve, muscle, and organ function, guiding you into a deeply relaxed, dreamlike state. Sound healing can slow down brain waves, promoting a serene sense of calm, and may assist in alleviating various physical and mental health conditions.

(Advance reservation is required for this treatment)

## **RECOVERY**

### **Bodily Manipulation**

60 mins THB 2,600 / 90 mins THB 2,900 / 120 mins THB 3,200

Begin your journey with a consultation with a TCM doctor who will tailor a treatment plan to your unique needs. This session employs a variety of techniques, such as Thai massage, bone stretching, acupuncture, and trigger point therapy. These methods work harmoniously to manipulate different parts of the body, enhancing bodily functions and promoting the natural self-healing process. By stimulating the flow of energy, this treatment fosters overall well-being. The specific techniques used will be guided by the practitioner's expertise, with results dependent on the number of sessions required for optimal healing.

### **Cupping**

45 mins THB 2,600

Cupping therapy enhances blood flow and revitalises areas of congestion, bringing vitality to your body. This traditional Chinese medicine (TCM) practice effectively alleviates pain, particularly in the shoulders, back, and waist, making it ideal for those who spend long hours at a desk or using a computer. Additionally, cupping promotes beauty, leaving your skin looking radiant. Post-treatment, slight bruising may occur, healing naturally within 5-7 days, allowing you to repeat the therapy once the marks have faded.

### **Ya Pao**

90 mins THB 2,900

Experience the spiritual and holistic healing of the Traditional Thai Ya-Pao Detoxification Treatment. This ancient therapy involves the use of heated medicinal herbs, such as pail, ginger, and cha, to release abdominal tension, increase blood flow, and enhance the lymphatic system. This treatment promotes deep relaxation and revitalisation, aligning your body with its natural rhythms.

Please note, this therapy is not recommended for individuals with high blood pressure or diabetes.

## **RESTORATIVE THERAPY**

### **Coqoon Rebirth Massage**

90 mins THB 2,900 / 120 mins THB 3,200

The roots of health concerns are addressed to create a specialised programme that renews the mind, body, and spirit through vibration and sound healing, placing you in a deeply relaxed state. Our skilled therapists offer personalised care that focuses on muscle relief, complemented by the tranquil aroma of your chosen essential oil.

### **Relaxing Massage**

60 mins THB 2,600 / 90 mins THB 2,900

A gentle massage combining ancient and contemporary techniques with Thai traditions. Soft palms and flowing fingertips tenderly soothe tired muscles, releasing emotional and physical tension, and creating a profound sense of relaxation.

### **Lymphatic Draining Massage**

60 mins THB 2,600 / 90 mins THB 2,900

The body's natural detox pathways can occasionally become sluggish and congested, leading to fluid retention and an accumulation of toxins. This gentle, restorative massage stimulates the lymphatic system, aiding the body in the sacred process of releasing toxins and excess fluids, fostering a harmonious balance within.

### **Thai Fusion Massage**

60 mins THB 2,600 / 90 mins THB 2,900

Energising and focused, this unique fusion of standard massage techniques using aromatic oils and traditional Thai flexibility movements offers a profound healing experience. This exact form of Thai massage not only relieves the discomfort of areas prone to tension, such as those causing migraines, but it also enhances blood circulation and supports the body's natural ability to detoxify and eliminate waste.

### **Invigorating Massage**

60 mins THB 2,600 / 90 mins THB 2,900

Inspired by the ancient healing arts of Thailand and Indonesia, this potent massage penetrates deeply through the layers of muscle, targeting essential pressure points throughout the body to restore the free flow of energy and bring the body's equilibrium back to its natural state.

All prices are subject to 10% service charge and 7% government taxes

## **RESTORATIVE THERAPY**

### **Himalayan Salt Stone Massage**

90 mins THB 2,900

The therapeutic effects of Himalayan salt crystals soothe away stress by promoting deep relaxation, detoxifying the body, and hydrating the skin. Himalayan salt stones, heated to provide a unique therapeutic experience, offer healing benefits throughout your massage. Containing more than 80 trace minerals, these stones help relax your muscles and hydrate your skin. The warmth of the stones eases your body into a deep state of bliss, enabling your massage therapist to loosen muscle tissues more effectively.

### **Traditional Thai Massage**

60 mins THB 2,200 / 90 mins THB 2,600 / 120 mins THB 2,900

An ancient Thai healing art that rejuvenates both body and spirit. Pressure is lovingly applied along the body's energy meridians, releasing built-up tension, enhancing blood circulation, and purifying the body of toxins accumulated in tired or overworked muscles.

### **Thai Herbal Compress Massage (Luk Pra Kob)**

90 mins THB 2,600 / 120 mins THB 2,900

This serene treatment marries the best of two ancient traditions to usher you into a state of deep peace. Begin with a traditional Thai massage to align and soothe your body's energies. This is followed by the therapeutic kneading with a herbal compress, which stimulates the body's natural chi, awakening and rejuvenating your spirit and physical form.

### **Sole Relief**

60 mins THB 2,000

Centred on the feet and lower legs—two areas often overlooked—this focused treatment offers deep and firm rhythmic pressure on key points to restore balance and vitality. It begins with precise pressure to stimulate and refresh, followed by a soothing application of herbal balm that calms and nurtures.

### **Pregnancy Massage**

60 mins THB 2,600 / 90 mins THB 2,900

Specially trained therapists perform sacred techniques proven to be safe and soothing for expectant mothers. A gentle and healing touch focuses on alleviating the aches and pains that are common throughout pregnancy, providing nurturing support and serenity to both mother and child.

All prices are subject to 10% service charge and 7% government taxes



## **ENHANCER**

### **Back Detox**

30 mins THB 1,000

Experience a deep sense of relaxation and leave with skin that is purified and a back that is thoroughly pampered. The back, often burdened with tensions, stress, and discomfort, plays a pivotal role in the physical well-being. This treatment commences with a profound cleansing, utilising the detoxifying prowess of bio-technological marine elements. The PHYTOMER self-heating mud, renowned for its stress-relieving properties, helps to eliminate fatigue and reduce cortisol levels.

### **Tension Relief Back Massage**

30 mins THB 1,000

Surrender to the healing touch of a Tension Relief Back Massage, designed to ease the knots of stress and strain. This remedial deep tissue massage targets the crucial areas of the back, neck, shoulders, and head, releasing tightly held tension. Allow yourself to unwind and rejuvenate as skilled hands restore harmony and a sense of profound peace to your body.

### **Head and Shoulder Massage**

30 mins THB 1,000

Alleviate your daily stress with our head and shoulder massage, specifically tailored for those weighed down by the sedentary demands of desk jobs. This treatment goes beyond mere physical relief, reflexively enhancing the function of various organs and systems, whilst improving tissue metabolism.

## **ENHANCER**

### **Foot Relaxe**

30 mins THB 1,000

Revitalise your tired legs and feet with our Foot Revival Massage, specifically tailored to provide instant contouring and a lightening effect from the first session. This tranquil experience offers deep relaxation, perfect for unwinding after a long journey.

### **Sesame Hair & Scalp Treatment**

30 mins THB 1,000

Warm sesame oil is delicately massaged into your scalp and neck, with fingers expertly kneading pressure points to alleviate tension. This treatment serves as a sublime addition to any of our services, elevating your experience with a touch of serenity.

### **Ear Candling**

30 mins THB 1,000

Allow the gentle, ancient art of ear candling to ease your stress. This highly beneficial practice helps to alleviate a range of ailments, including headaches, tension, tinnitus, and blocked ears, while also invigorating your lymphatic system.

All prices are subject to 10% service charge and 7% government taxes

## **SKIN & BEAUTY**

### **Deep Sea Scrub**

60 mins THB 2,300

An exotic blend of ocean salts, Ylang Ylang, geranium, jasmine essential oils, and cinnamon powder creates a sanctuary for the senses. Gentle exfoliation removes dull skin cells, leaving your skin smooth, soft, and radiant. This divine ritual is enhanced with high levels of antioxidants that nurture the skin and slow the ageing process, allowing you to embrace a rejuvenated, glowing presence.

### **Micro-Collagen Scrub**

60 mins THB 2,300

Experience an exotic scrub that harmoniously blends the power of vitamin E beads and micro-collagen to rejuvenate your skin. This serene ritual promotes skin renewal and stimulates collagen production, leaving your skin smooth, silky, and radiant with vitality.

### **Detoxifying Scrub**

60 mins THB 2,300

Embrace the ultimate detox with our bamboo charcoal powder scrub. Enriched with powerful antioxidants, rice bran oil is gently applied to the skin, enhancing and complementing the purifying effects of the charcoal.

### **Champaka Flower Scrub**

60 mins THB 2,300

This beloved scrub harnesses the healing properties of solanum lycopersicum and chamomilla recutita to aid your body in its battle against free radicals. Rich in antioxidants, it offers protection against everyday skin damage. Infused with the delicate essence of Champaka flower, this soothing treatment envelops you in a calming embrace, leaving you relaxed and rejuvenated.

## **SKIN & BEAUTY**

### **Sun Soothing**

60 mins THB 2,300

Renowned for its exceptional calming properties, soothing aloe vera gently nurtures overexposed, dehydrated, or irritated skin. An aromatic blend of lavender and chamomile further enhances this healing treatment, soothing the skin and allowing it to retain its softness and natural sheen.

### **Micro-Collagen Wrap**

60 mins THB 2,300

Embrace the path to youthful radiance with our Micro-Collagen Wrap. This divine treatment promotes collagen growth, leaving your skin rejuvenated and vibrant. Vitamin E beads gently exfoliate dead skin cells, stimulating renewal and unveiling a luminous, refreshed appearance.

### **Detox Wrap**

60 mins THB 2,300

This treatment absorbs the body's impurities, tightens the skin. Enhance the benefits by complementing this treatment with a lymphatic drainage massage for an even deeper cleanse and rejuvenation.

### **Champaka Flower Wrap**

60 mins THB 2,300

Infused with the serene scent of Champaka, this wrap treatment combines the softening and moisturising properties of chamomilla recutita extracts, the impurity-absorbing and pore-minimising effects of kaolin, and the powerful antioxidant benefits of solanum lycopersicum in its fight against free radicals.

## **FACIAL TREATMENT BY ANNE SÉMONIN**

### **Anne Sémonin Deep Marine**

75 mins THB 3,400

Ideal for combination, oily, or problematic skin, this deep-cleansing purifying treatment combines traditional steam and extraction techniques with a rebalancing lymphatic drainage massage. A detoxifying and anti-inflammatory peel-off mask and aromatic intensive complexes are used to soothe, calm, and rebalance the skin.

### **Anne Sémonin Skin Renewal**

75 mins THB 3,400

A contouring and firming facial designed to combat the visible signs of ageing. Neurocosmetic ingredients are combined with 100% active serums and advanced cryotherapy ice cubes to regain the skin's natural youthful glow. Instantly tightening and firming—glow, be radiant.

### **Anne Sémonin Soothing Remedy**

60 mins THB 2,900

A gentle therapy to soothe and calm hypersensitive, irritated, or sun-damaged skin prone to redness and irritation. Saturated gauzes combined with soothing aromatic intensive complexes calm and restore the skin's equilibrium, bringing rapid relief. Satisfyingly nourishing.

### **Anne Sémonin Cryotherapie Age-Defying**

60 mins THB 2,900

A contouring and firming facial designed to combat the visible signs of ageing. Neurocosmetic ingredients are combined with 100% active serums and advanced cryotherapy ice cubes to regain the skin's natural youthful glow. Instantly tightening and firming – glow, be radiant.

### **Anne Sémonin Hydra Express**

45 mins THB 2,500

A powerful express skin replenishment treatment, ideal for maximum results. This treatment immediately refreshes and hydrates the skin, leaving it soft, supple, and revitalised.

All prices are subject to 10% service charge and 7% government taxes

## SCULPT ZONE

### Sculpt Zone Treatment

60 mins THB 3,000 / 90 mins THB 3,600

60 mins Sculpt Zone Treatment for 3 treatments THB 8,000

60 mins Sculpt Zone Treatment for 5 treatments THB 12,000

The sculpt zone by PHYTOMER is an intensive body treatment targeting the abdomen, buttocks, and thighs to eliminate excess fat and cellulite. For radical slimming, visible results include reduced fluid retention, trimmer curves, less cellulite, and an even skin tone. It is a delicate and effective body care solution that preserves the youthful look you have been seeking. A course of treatment is recommended.

### Nail

Feel beautifully pampered with the ultimate in manicure and pedicure luxury. Enjoy treatments that offer a ritual of cleansing, an exfoliating scrub, nourishing mask, cuticle care, massage, and perfect paint finish.

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|--------------------------------|--------------|---------------------------|
| • Perfectly Manicure           | 60 - 75 mins | THB 1,800 / THB Gel 2,000 |
| • Flawless Pedicure            | 75 - 90 mins | THB 2,000 / THB Gel 2,300 |
| • Manicure & Pedicure          | 120 mins     | THB 3,000 / THB Gel 3,300 |
| • Express Pedicure or Manicure | 45 mins      | THB 1,300                 |
| • Gel Polish removal           |              | THB 700                   |

### Waxing

Experience easy treatments that are virtually pain free with superb results. A premium waxing system from Australia

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|--------------------------|---------|-----------|
| • Lip or Eyebrow or Chin | 20 mins | THB 500   |
| • Underarm               | 30 mins | THB 1,000 |
| • Half Leg               | 45 mins | THB 1,500 |
| • Full Leg               | 60 mins | THB 2,100 |
| • Bikini Line            | 30 mins | THB 1,500 |
| • ADD-ON WAXING          |         |           |

### Hair

- |                  |  |           |
|------------------|--|-----------|
| • Ladies Haircut |  | THB 1,800 |
| • Men Haircut    |  | THB 1,500 |
| • Hair Blow Dry  |  | THB 1,200 |

All prices are subject to 10% service charge and 7% government taxes

## SPA ETIQUETTE

**Reservations** – it is recommended that bookings are made at least one day booking in advance to secure your preferred date and time of treatment. A credit card number is required at the time of booking for outside guests.

**Check-in** – Please arrive at least 15 minutes prior to your scheduled treatment to complete the health consultation form and enjoy our welcome procedures. A late arrival will result in a shortened treatment time. We will provide slippers, bathrobes and all amenities required for use during your visit.

**Cancellation Policy** – Cancellation Policy – The treatments you select are reserved especially for you. If you wish to cancel your spa appointment, at least 4 hours notice is required. The full treatment fee will be imposed for a ‘no-show’ or any cancellation with less than 4 hours notice. Please give at least 24 hours notice for any re-scheduling, subject to availability.

General consideration

- Out of consideration to other spa guests, we request that all noise is kept to a minimum.
- Children are not allowed at the spa unless they are having treatment or are accompanied by an adult.
- Smoking and the consumption of alcohol within the spa are prohibited.
- Mobile phones and electronic devices are discouraged.

Please inform the spa receptionists of any health conditions and medical complications so that we can recommend a suitable treatment for you.

**Valuables** – We recommend that no jewellery should be worn to the spa. The management and staff accept no responsibility for the loss of valuables brought into the spa premises.

**Payment** – Unless otherwise advised, all treatments will be charged to your room account and to be settled at the time of check out. We also accept cash and most major credit cards. All prices are quoted in Thai Baht exclusive of 10% service charge and 7% applicable tax. Prices are subject to change without prior notice.

**In Room / In Villa Treatment** – (10:00-18:00) Advance reservation is essential, available upon request and only for rooms equipped with a massage bed.

Age Policy - Guest must be 18 or older to make a reservation at the spa rooms.

People under the age of 18 need parental or a guardian's consent before they can be treated.

Please touch 6 or e-mail to [spa@theslatephuket.com](mailto:spa@theslatephuket.com) for more information or reservations [www.theslatephuket.com](http://www.theslatephuket.com)

All prices are subject to 10% service charge and 7% government taxes